

# Intrapericardic surgical treatment of teratoma in infant

## *Tratamento cirúrgico de teratoma intrapericárdico em lactente*

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### *Abstract*

The intrapericardial cardiac tumors are rare; however, the clinical manifestations can be serious, even with symptoms of low debit or cardiogenic shock, depending on the localization of the tumor. We explore the case of a 3-month-old infant who presented with cardiogenic shock during the evolution, due to an intrapericardial tumor, compressing the right atrium and the superior vena cava. Indicated operation of urgency for resection of the tumoral mass, it presented adequate evolution up to 6 months of postoperative.

**Descriptors:** Cardiogenic shock. Infants. Heart neoplasms. Cardiac surgical procedures.

### *Resumo*

Os tumores cardíacos intrapericárdicos são pouco frequentes, porém, as manifestações clínicas podem ser graves, até com sintomas de baixo débito ou choque cardiogênico, dependendo da localização do tumor. Relatamos o caso de um lactente com três meses de idade, que apresentou na evolução choque cardiogênico, em decorrência de um tumor intrapericárdico, comprimindo o átrio direito e a veia cava superior. Indicada operação de urgência para ressecção da massa tumoral, apresentou adequada evolução até seis meses de pós-operatório.

**Descritores:** Choque cardiogênico. Lactente. Neoplasias cardíacas. Procedimentos cirúrgicos cardíacos.

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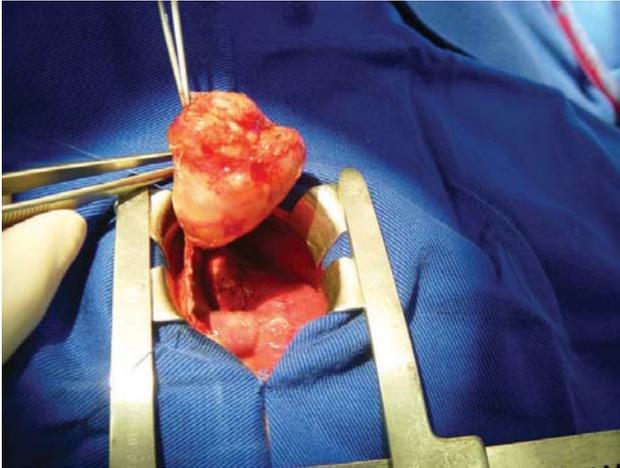


Fig. 3 – Tumoral mass after resection

The child presented good evolution and was discharged from hospital without cardiac medications. Currently, six months after operation, the patient has been presenting good weight and height development without symptoms of cardiac origin.

#### DISCUSSION

Teratomas are neoplasms that originate from pluripotent cells with uncertain incidence and without gender predominance, being more frequent in newborns and young infants [2]. When they are diagnosed in the neonatal period, the therapeutic option is the surgical excision. The complete resection of the teratomas provides good diagnostic, representing the only curative treatment. The surgical procedure is needed because the compression can affect the adjacent tissues. Additionally, the mediastinal tumors may present malignant transformation [3]. According to Miana et. al. [4], primary cardiac tumors are rare, and the great majority are benign and easily diagnosed; however, a yearly echocardiographic follow-up is recommended in order to potentially detect rare cases of recurrence. Authors, such as Cangemi et. al. [5], Heirigs and Mooss [6], suggested that the conservative treatment must be adopted in cases of asymptomatic patients with frequent clinical follow-up with the use of routine complementary examinations.

In this present study, the treatment sequence was similar; however, after pericardium opening, hemorrhagic fluid was not identified, suggesting a rapid progression of effusion, probably related to the compression of cardiac structures, or even improper effusion drainage after

puncture. Patel et. al. [7] considered that the best noninvasive diagnostic method is the echocardiogram, because it distinguishes the lesion from vascular structures, shows the relation among structures, and follows the cyst's growth. Every diagnosis performed in our case was shown through echocardiography, which plays an important role in the cardiac tumor evaluation and its intracardiac relations [8]. This procedure could also show signs of systolic restriction. The immediate surgical procedure was a significant factor in the tumor resection and complete relief of symptoms.

We can conclude that the puncture guided by echocardiography can relieve a cardiogenic shock presentation caused by an intrapericardial tumor, although the surgical procedure is an effective way in the definitive cure in such cases.

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